



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM
SELECTED BY CoSIDA

FOR RELEASE: Tuesday, Nov. 26 – 12 noon (EST)

**HARRISON SHIPP OF NOTRE DAME,
FRANCES SILVA OF WEST VIRGINIA TOP
CAPITAL ONE ACADEMIC ALL-AMERICA®
DIVISION I SOCCER TEAMS**

TOWSON, Md. – Senior forward **Harrison Shipp** of the University of Notre Dame and graduate student **Frances Silva** of West Virginia University lead the 2013 Capital One Academic All-America® Division I men's and women's soccer teams, as selected by the College Sports Information Directors of America (CoSIDA).

Shipp and Silva have been chosen as the winners of the Capital One Academic All-America® of the Year award for the Division I men's and women's soccer teams, respectively.

A finance major with a 3.88 G.P.A., Shipp was named as the Capital One Academic All-America® of the Year in Division I men's soccer after leading the No. 3 Fighting Irish (13-1-6) into the NCAA Division I Men's Soccer Cup Round of 16 against Wake Forest on Sunday, Dec. 1.

A native of Lake Forest, Ill., Shipp ranks 12th in the nation in total points (30), while leading his team in goals (11) and assists (8). A senior captain who has never missed a game in his career, he was the Atlantic Coast Conference Offensive Player of the Year after pacing the Irish to a share of the ACC regular-season title in the program's first year in the ACC.

A Capital One Academic All-America® men's soccer second team selection in 2012, Shipp is enrolled in Notre Dame's Mendoza College of Business and has been a member of the Dean's List each of the last five semesters.

A broadcast journalism and sport management major with a 3.97 G.P.A., Silva is making her first appearance on the Capital One Academic All-America® NCAA Division I women's soccer first team. She guided West Virginia to the Big 12 championship and a 16-4-3 record. The Mountaineers reached the second round of the NCAA Tournament.

The Big 12 scoring leader, Silva scored 15 goals and set a school record with 13 assists in 2013. She was named as the Big 12 Offensive Player of the Year in 2013 and earned first team All-Big 12 honors.

A native of Overland Park, Kan., Silva was an All-Big 12 first team selection in 2012 and an All-Big East second team honoree in 2011. In 2010, she was the Big East Rookie of the Year in 2010.

As a junior, she earned Scholar All-East Region Third Team and Academic All-Big 12 Team honors. She finished her career with 38 goals and 98 points, fourth on West Virginia's career list.

Six members of the Capital One Academic All-America® Men's Soccer Division I first team earned Capital One Academic All-America® honors last season. Four student-athletes are repeat first-team selections.

Senior defender **Nick Alers** of Yale and senior forward **Tyler Riggs** of Kentucky are three-time Capital One Academic All-America® honorees, both earning third-team honors in 2011 as well as first-team recognition in 2012.

Senior defender **Joe Sofia** of UCLA was also a first team honoree in 2012, while senior defender **Nick Marshall** of Drake and Shipp were both second team selections in 2012. Senior defender **Joe Meyer** of Bucknell garnered a third team nod last year.



Shipp, Silva Top Capital One Academic All-America® Soccer Teams – page 2

The Capital One Academic All-America® men's soccer Division I first team defenders include senior **Joe Meyer** of Bucknell and junior goalkeeper **Charlie Lyon** of Marquette join Alers, Marshall and Sofia.

Midfielders junior **Laurie Bell** of Wisconsin-Milwaukee, graduate student **Thomas McNamara** of Clemson and senior **Todd Vervynckt** of Valparaiso are all first-team honorees.

Senior forward **Andy Bevin** of West Virginia joins Riggs and Shipp as the first team forwards.

A biomedical sciences major with a 3.86 G.P.A., Lyon has led Marquette to a Big East title, a 13-5-2 record, and a No. 11 national ranking. While leading the Golden Eagles to a berth in the NCAA Sweet 16 against Virginia, Lyon has played every minute in goal. He has registered 10 shutouts with 71 saves, a 0.81 goals against average and .807 saves percentage. Lyon led Marquette to a 1-0 overtime win over Akron in the NCAA Tournament.

An economics major with a 3.98 G.P.A., Alers, a repeat selection on the Capital One Academic All-America® men's soccer Division I first team, is also was a Senior CLASS Award candidate. The San Jose, Costa Rica native is a four-time All-Ivy league honoree, earning first-team honors as a junior and senior. A starter in all 17 games as a senior, Alers is active in the community, serving as a mentor and tutor at New Haven's St. Martin de Porres Academy in an after-school program teaching soccer skills in a weekly clinic to underprivileged kids.

A native of Glen Carbon, Ill., Marshall has a perfect 4.00 G.P.A. with a double major in computer science and chemistry. A second-team Capital One Academic All-America® men's soccer selection in 2012, he is a team captain that helped the Bulldogs post five shutouts on the season, including four in a row. Marshall scored four goals with two assists while leading Drake to an 8-8-4 record and a berth in the Missouri Valley Conference semi-finals.

A mechanical engineering major, Meyer has a 3.93 G.P.A. at Bucknell. He was awarded a Society of American Military Engineers (SAME) scholarship, while also helping the Bison post a 13-6-1 record as a senior. A third team Capital One Academic All-America® men's soccer Division I honoree last year, the Sykesville, Md., native has scored a goal with two assists this season. He is also a member of the Alpha Lambda Delta Honor Society and the Tau Beta Pi Engineering Honor Society.

A native of Dove Canyon, Cal., Sofia has a 3.96 G.P.A. majoring in communications studies at UCLA and is a repeat Capital One Academic All-America® men's soccer Division I first team member. A three-time first team Academic All-Pac-12 honoree, the senior captain has played the most minutes of any of his Bruin teammates and has anchored a defense that has recorded six shutouts. The top-ranked team in the nation, UCLA (11-3-4) is the No. 1-seeded team in the NCAA Tournament.

Bell is an English and journalism major at Wisconsin-Milwaukee with a 3.72 G.P.A. The Poynton, England native led the Panthers to the Horizon League Tournament championship and an NCAA Tournament bid. Named as the Horizon League Player of the Year, Bell led the Horizon League and was eighth in the nation in goals (13). He also led the league with 30 points while helping the Panthers allow only 0.63 goals per game.

A graduate student with a 3.40 G.P.A. in applied economics, McNamara graduated with a degree in economics from Brown. The native of West Nyack, N.Y., he led Clemson in scoring with seven goals and eight assists for 22 points. He also became the first Tiger soccer player in seven years to be named first team All-Atlantic Coast Conference. He scored four game-winning goals this season while leading the Tigers (11-7-3) to the first round of the NCAA Tournament.

A native of Plymouth, Indiana, Vervynckt has maintained a 3.98 G.P.A. in mechanical engineering while starting in 15 games for Valparaiso. He scored two goals and two assists in 2013, while taking 25 shots. Last year, he earned a spot on the Capital One Academic All-America® men's soccer third team.

Bevin has a 3.88 G.P.A. in business administration at West Virginia and was named first team All-Mid-America Conference. A member of the Garrett Forward Academic Honor Roll, the Dean's List and President's List, the Napier, New Zealand native led the MAC in points (24) and goals (9). He guided WVU to a 7-7-5 record.

Shipp, Silva Top Capital One Academic All-America® Soccer Teams – page 3

A three-time member of the Capital One Academic All-America® men's soccer Division I team, Riggs led Kentucky to a 7-9-3 record. A first team Academic All-America® selection for the second year in a row, he is a mechanical engineering major with a 3.93 G.P.A. A member of the Senior CLASS Award watch list, he is one of the most prolific goal scorers in school history and is the first player in the history of the program to lead the team in scoring all four years. He scored six goals in 2013.

The Capital One Academic All-America® Men's Soccer Division I first team had an average G.P.A. of 3.77, highlighted by Marshall's 4.0 G.P.A.

Five members of the 2013 Capital One Academic All-America® NCAA I women's soccer team have a perfect 4.00 G.P.A. and 10 of the members have greater than a 3.85 G.P.A.

Defender **Caitlin Ball** of North Carolina is the only junior on the women's first team while senior midfielders **Becca Hemby** of High Point and **Kate Reigle** of Marquette and senior defender **Elizabeth Tucker** of Notre Dame are two-time selections. Tucker was a first team choice for the second year in a row.

Hemby was a Capital One Academic All-America® second team pick in 2012 while Reigle was a third team selection.

Seniors **Brie Buschman** of Abilene Christian, **Hayley Haagsma** of Texas Tech, Tucker and Ball make up the defensive first team unit. They are backed up by senior **Elizabeth Hoerner** of the U.S. Naval Academy at goalkeeper.

The Capital One Academic All-America® NCAA I first team midfield includes seniors **Rachel Conway** of Radford, Hemby and Reigle.

Joining Academic All-America® of the Year Silva as forwards are seniors **Jessacca Gironda** of Kent State and **Kristen Hamilton** of Denver.

An oceanography major with a 3.86 G.P.A., Hoerner was the Patriot League Goalkeeper of the Year the last two seasons. A native of Lititz, Pa., she led Navy to a 16-5 record and a runner-up finish in the Patriot League. She was named the Patriot League Women's Soccer Scholar-Athlete of the Year twice and she posted a 0.53 goals against average that included nine shutouts and a .853 save percentage.

A three-year starter at North Carolina, Ball is a journalism and political science major with a 3.88 G.P.A. The Chapel Hill, N.C., native was the winner of the NCAA Elite 89 Award as part of the 2012 NCAA championship team. She has led top-ranked UNC to a 20-4 record and a berth in the NCAA quarter-finals against UCLA.

A member of the 2011 Capital One Academic All-America® Division II third team at Abilene Christian, Buschman is a communication major with a 3.96 G.P.A. The Amarillo, Texas native earned second team All-Southland Conference honors in ACU's first year as a member of NCAA Division I. A two-time all-Lone Star Conference selection, she led ACU to a 13-5-1 record in 2013.

A human development and family studies major with a 4.00 G.P.A., Haagsma led Texas Tech to an 18-2-2 record and the second round of the NCAA Tournament. The Cerritos, Cal., native is a two-time Academic All-Big 12 selection and earned second team All-Big 12 honors this year. She scored four goals and three assists for a defense that allowed only nine goals all season.

An accounting major with a perfect 4.00 G.P.A., Tucker is a 2013 Rhodes Scholarship candidate at Notre Dame. The defender has earned All-Big East and All-Big East Tournament Team honors in her career. She led Notre Dame to a 13-8-1 record and a spot in the third round of the NCAA Tournament. She had four goals and three assists in 2013 and scored 19 goals with 14 assists in her career.

Shipp, Silva Top Capital One Academic All-America® Soccer Teams – page 4

An exercise, sport and health education major with a 4.00 G.P.A., Conway led Radford to a 15-3-2 record and a runner-up spot in the Big South Conference. A midfielder from Kitchener, Ontario, Canada, she was a two-time All-Big South pick and was named to the Big South All-Academic team in 2013. She had four goals and four assists for Radford. The program's first Academic All-America® selection, Conway helped Radford win three Big South regular season and two tournament titles with an overall record of 56-19-7.

A mathematical sciences major with a 4.00 G.P.A., Hemby was a three-time all-Big South midfielder at High Point. The Frederick, Md., native is a two-time Capital One Academic All-America® selection and was the Big South Scholar-Athlete of the Year in 2013. She led High Point to a 9-10-1 record with three goals and five assists and she finished her career with 21 goals and 13 assists.

A biomedical science major with a 4.00 G.P.A., Reigle led Marquette to four Big East championships and four appearances in the NCAA Tournament in her career. A third team Academic All-America® honoree, she had two assists as a senior and finished her career with 11 goals and 14 assists. The team finished the season with an 18-3 record.

A business management major with a 3.88 G.P.A., Girona led Kent State to a 12-7-1 record. The Akron, Ohio native led the Mid-American Conference with 14 goals and earned first team all-conference honors. She finished her career as Kent State's all-time leader with goals (31) and points (78).

A three-time conference player of the year, Hamilton is a marketing major with a 3.70 G.P.A. at Denver. The Littleton, Col., native was named the Sun Belt Conference Player of the Year in 2011, the 2012 Western Athletic Conference Player of the Year and the 2013 Summit League Offensive Player of the Year in 2013. A two-time All-American, she led Denver to an 18-2-1 record, the Summit League championship and a berth in the NCAA Tournament in 2013. Named as the Most Valuable Player of the Summit League Tournament, she scored 14 goals and 12 assists as a senior and finished her career as the Pioneers' all-time scoring leader with 51 goals and 36 assists

The 11 first team honorees have an average G.P.A. of 3.93.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 19,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

FOR MORE INFORMATION:

Dan O'Connell, Towson University (doconnell@towson.edu)	(410) 704-3102
Academic All-America® Co-Vice-Chair for Publicity/Communications	
Natalia Ciccone, Pacific-12 Conference (nciccone@pac-12.org)	(925) 932-4411
Academic All-America® Coordinator of Publicity	
Shane Meling, Univ. of the Incarnate Word (meling@uiwtx.edu)	(210) 805-3071
Academic All-America® Coordinator of Publicity	



2013 Capital One Academic All-America® Men's Soccer Team Division I

Capital One Division I Academic All-America® of the Year: Harrison Shipp, Notre Dame

FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Charlie Lyon	Marquette	Jr.	St. Charles, Ill.	3.86	Biomedical Sciences
D	Nick Alers (1) #	Yale	Sr.	San Jose, Costa Rica	3.98	Economics
D	Nick Marshall (2)	Drake	Sr.	Glen Carbon, Ill.	4.00	Com.Science, Chem.
D	Joe Meyer (3)	Bucknell	Sr.	Sykesville, Md.	3.93	Mechanical Engineering
D	Joe Sofia (1)	UCLA	Sr.	Dove Canyon, Cal.	3.96	Communication studies
M	Laurie Bell	Wisconsin-Milwaukee	Jr.	Poynton, England	3.72	English, Journalism
M	Thomas McNamara	Clemson	Gr.	West Nyack, N.Y.	3.40	Econ.(UG)/ Applied Econ (G)
M	Todd Vervynckt (3)	Valparaiso	Sr.	Plymouth, Ind.	3.98	Mechanical Engineering
F	Andy Bevin	West Virginia	Jr.	Napier, New Zealand	3.88	Business Administration
F	Tyler Riggs (1) #	Kentucky	Sr.	Louisville, Ky.	3.93	Mechanical Engineering
F	Harrison Shipp (2)	Notre Dame	Sr.	Lake Forest, Ill.	3.88	Finance

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Winston Boldt	U.S. Military Academy	Jr.	St. Louis, Mo.	3.66	Portuguese
D	Brandon Fricke	Butler	Jr.	Grimes, Iowa	3.97	Econ., Mech. Engineering
D	John Howe	Dayton	Sr.	Ballwin, Mo.	3.85	Entrepreneurship
D	Ian Michalak	UAB	Jr.	Collierville, Tenn.	4.00	Neuroscience
D	Billy Padula	Wofford	Sr.	Irmo, S.C.	3.88	Business Econ. & Govern.
D	Josh Smith	Oregon State	Sr.	Federal Way, Wash.	3.98	Chemical Engineering
M	James Beeston	Siena	Sr.	Newcastle-Under-Lyme, Eng.	3.60	English
M	Franklin Castellanos	Iona	Sr.	Dover, N.J.	3.53	Management
M	Brandon Silva	Bowling Green	Sr.	Columbus, Ohio	4.00	Psych. (UG), Kinesiology (G)
F	Kyle Ciliento	Grand Canyon	Gr.	Phoenix, Ariz.	3.94	Master of Business Adm.
F	Josh Schwartz	Massachusetts	Jr.	Annapolis, Md.	3.93	Biology, Pre-Med
F	Mark Sherrod (2) #	Memphis	Sr.	Knoxville, Tenn.	3.50	Civil Engineering

THIRD TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Alex Ivanov	Ohio State	Jr.	Strongsville, Ohio	3.80	Elec. & Computer Engin.
D	Zach Davis	U.S. Naval Academy	Sr.	Colorado Springs, Col.	3.54	Oceanography
D	Eric Elgin	Rider	Sr.	Mechanicsburg, Pa.	3.97	Accounting
D	Blair Jeralds	Denver	Sr.	Clemmons, N.C.	3.94	Finance
M	A.J. Corrado	Indiana	Sr.	Zionsville, Ind.	3.64	Biology
M	Tyler Gibson	Charlotte	Sr.	Knoxville, Tenn.	3.82	Marketing
M	Patrick Hodan	Notre Dame	So.	Brookfield, Wis.	3.92	Business
F	Reinaldo Brenes	Akron	Sr.	San Jose, Costa Rica	3.74	International Business
F	Achille Obougou	Winthrop	Sr.	Barcelona, Spain	3.58	Biology
F	Jason Waterman	Elon	Jr.	Bloomington, Ind.	3.65	Communication Science

- (1) Capital One Academic All-America® Division I first team in 2012
 (2) Capital One Academic All-America® Division I second team in 2012
 (3) Capital One Academic All-America® Division I third team in 2012
 # Capital One Academic All-America® University Division third team in 2011





2013 Capital One Academic All-America® Women's Soccer Team Division I

Capital One Division I Academic All-America® of the Year: Frances Silva, West Virginia

FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Elizabeth Hoerner	U.S. Naval Academy	Sr.	Lititz, Pa.	3.86	Oceanography (Honors)
D	Caitlin Ball	North Carolina	Jr.	Chapel Hill, N.C.	3.88	Journalism, Pol. Science
D	Brie Buschman	Abilene Christian	Sr.	Amarillo, Texas	3.96	Communication
D	Hayley Haagsma	Texas Tech	Sr.	Cerritos, Calif.	4.00	Human Dev. & Fam. Studies
D	Elizabeth Tucker (1)	Notre Dame	Sr.	Jacksonville, Fla.	4.00	Accounting
M	Rachel Conway	Radford	Sr.	Kitchener, Ontario	4.00	Exercise, Sport & Health Ed.
M	Becca Hemby (2)	High Point	Sr.	Frederick, Md.	4.00	Mathematical Economics
M	Kate Reigle (3)	Marquette	Sr.	Brookfield, Wis.	4.00	Biomedical Sciences
F	Jessacca Girona	Kent State	Sr.	Akron, Ohio	3.88	Business Management
F	Kristen Hamilton	Denver	Sr.	Littleton, Colo.	3.70	Marketing
F	Frances Silva	West Virginia	Gr.	Overland Park, Kan.	3.97	Broad. Journalism, Sport Mgmt.

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Aubrey Bledsoe (2)	Wake Forest	Sr.	Cincinnati, Ohio	3.92	Health & Exer. Science
D	Rachael Doyle	Washington State	Sr.	North Epping, Australia	3.95	Movement Studies
D	Brooke Ellison	New Mexico	Sr.	Lake Forest, Calif.	4.00	Nutrition & Dietetics
D	Kassey Kallman (2)	Florida State	Sr.	Woodbury, Minn.	3.81	Business Management
D	Jasmine Roth	Arizona State	Sr.	West Covina, Calif.	4.00	Biochemistry
M	Julia Besagno	Seattle	Sr.	Maple Valley, Wash.	3.80	Nursing
M	Vanessa DiBernardo	Illinois	Sr.	Naperville, Ill.	3.70	Recreation, Sport & Tourism
M	Clarissa Hernandez	South Alabama	Sr.	Pensacola, Fla.	3.93	Chemical Engineering
F	Caroline Brown #	Tennessee	Sr.	Hershey, Pa.	3.96	Sports Management
F	Kelsey Haycook	La Salle	Jr.	Point Pleasant, N.J.	3.81	Nutrition
F	Rafaelle Souza	Mississippi	Sr.	Salvador, Brazil	3.75	Engineering

THIRD TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Hayley Harryman	Tulsa	Sr.	Castle Rock, Col.	4.00	Psychology
D	Kendall Khanna	Alabama	Sr.	Littleton, Col.	4.00	Public Relations
D	Jourdan McVicker	LaSalle	Gr.	Metuchen, N.J.	3.91	MBA (Finance)
D	Kaitlyn Pavlovich	Arizona State	Sr.	Gig Harbor, Wash.	4.00	Elementary Education
D	Sarah Senoyuit	Dayton	Sr.	Perkasie, Pa.	3.97	Psychology
M	Stephanie Clarke	Eastern Michigan	Sr.	London, Ontario	3.90	Biology
M	Stuart Pope	Kentucky	Jr.	Fayetteville, Ga.	3.95	Equine Science
M	Stephanie Thompson	Evansville	Sr.	Evansville, Ind.	4.00	Exercise Science
F	Danielle Au	South Carolina	Sr.	Suwanee, Ga.	3.90	Inter. Business & Mgmt.
F	Stephanie Verdoia	Seattle	Jr.	Salt Lake City, Utah	3.98	Political Science
F	Jacqui Wallis	Seattle	Sr.	Lake Oswego, Ore.	4.00	Phil., Cell & Molecular Biology

- (1) Capital One Academic All-America® Division I first team in 2012
- (2) Capital One Academic All-America® Division I second team in 2012
- (3) Capital One Academic All-America® Division I third team in 2012
- (#) Capital One Academic All-America® Division I third team in 2011

