



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM **SELECTED BY CoSIDA**

FOR RELEASE:

Monday, June 24 – 12 noon (EDT)

Please visit the Capital One Academic All-America® website

<http://www.capitaloneacademicallamerica.com/>

MONTE LARSEN, BREANNA MATHES OF MORNINGSIDESIDE TOP CAPITAL ONE ACADEMIC ALL-AMERICA® COLLEGE DIVISION CROSS COUNTRY/TRACK & FIELD TEAMS

TOWSON, Md. –Seniors **Monte Larsen** and **Brenna Mathes** of **Morningside College** headline the 2013 Capital One Academic All-America® College Division men's and women's cross country/track and field teams, as selected by the College Sports Information Directors of America (CoSIDA).

The Capital One College Division Academic All-America® men's and women's cross country/track and field teams are comprised of student-athletes from NAIA, Canadian and two-year institutions.

Larsen was selected as the College Division Academic All-America® of the Year for men's cross country/track and field while Mathes was named as the Academic All-America® of the year for women's cross country/track and field.

Morningside is the first school ever to sweep both the top men's and women's honor in the program.

An elementary education major with a 3.98 G.P.A., Larsen hails from Neola, Iowa. A combined three-time NAIA Scholar-Athlete between track and cross country, Larsen made the 2011 Capital One Academic All-America® College Division Third Team. He is a five-time NAIA Indoor Track & Field All-American as well as a two-time NAIA Outdoor Track & Field All-American.

Larsen anchored Morningside's 3200-meter relay team which won the 2012 NAIA Indoor National Championship. A holder of nine school records, Larsen also finished as a national runner-up in the 2011 and 2012 indoor 600-meter race as well as the 2011 outdoor 800-meter race.

A mathematics teaching major with a 3.99 G.P.A., Mathes is a repeat Capital One Academic All-America® first-team selection. The Cherokee, Iowa, native is a four-time NAIA Indoor Track and Field and a three-time NAIA Outdoor Track and Field All-American.

She anchored Morningside to the NAIA Indoor 3,200 relay national title in 2013 and to a third-place finish in the same event at the outdoor championship. Mathes, who holds the 1,000 indoor record at Morningside, ran fifth in the 800 run at the indoor championship and was eighth at the outdoor meet.

Capital One Academic All-America® Men's Cross Country/Track and Field First Team

Larsen is joined on the men's first team by **Brayden Barrientez**, **Tracy Marshall** and **David McWilliams** of Oklahoma Christian University, **Hildon Boen** of Wayland Baptist University, **Isaac Bryan** of Taylor University, **Andy Coy** of Dakota State University, **Luke Fischer** of Northwest (Wash.) University, **Jacob GunderKline** of Goshen College, **Bryson Harper** of Bryan College, **Josh Harris** of Morningside; **Bo Johnson**, **Eric Whalen**, and **Tim Wyland** all of Concordia (Ore.) University, and **Micah Marvin** of Doane College.

.- more -



Morningside Duo Leads Capital One Academic All-America® Cross Country Track Teams

Larsen is one of five student-athletes who is a repeat selection on the first team. Coy, Fischer, Harris and Johnson were also named to the first team for the second time. Baker, Higgins and Krejci made second team last year while Basterrechea was a third team honoree.

A religious education and children's ministry double major from Haysville, Kan., Barrientez owns a 3.96 G.P.A. and was the No. 4 runner on the Oklahoma Christian team which captured the 2012 NAIA Cross Country National Championship. He placed 34th at nationals and eighth at the Sooner Athletic Conference Meet. In track, he ran the third leg of the 4x1600 which set a school record while competing at the Penn Relays. The junior has earned four NAIA All-American Indoor Track & Field honors and one for outdoor.

Marshall is a junior electrical engineering major from Hutchinson, Kan., and has a 3.96 G.P.A. He won the long jump at the Sooner Athletic Conference Meet with a leap of 6.98 meters and was third in the triple jump with a distance of 14.60 meters. Marshall placed 11th at NAIA Outdoor Track & Field Championship Meet in the long jump.

A junior youth ministry major with a perfect 4.0 G.P.A., McWilliams earned NAIA All-American honors with a 19th-place finish at the NAIA Cross Country National Championship Meet. The Naperville, Ind. native helped Oklahoma Christian win the national championship. Like Marshall, McWilliams was part of the school-record setting relay team in the 4x1600 at the Penn Relays. He was seventh in 10,000 run at the NAIA Outdoor Track & Field Meet to earn All-American honors.

A junior business administration and accounting double major with a 3.40 G.P.A., Boen is a native of Eldoret, Kenya who helped Wayland Baptist win the 2012 NAIA Indoor Track & Field National Championship. He was a member of the national champion distance medley relay team, which set a school-record time of 9:51.31. Boen is a six-time All-American who was a member of the 4x800 national champion relay team at the 2011 NAIA Outdoor Track & Field Championship Meet.

A graduate student with a 4.0 G.P.A., Bryan is studying higher education and student development and hails from Perkasi, Pa. He is a three-time NAIA Outdoor Track & Field National Championship qualifier and a three-time qualifier for the national indoor meet for Taylor. Also a qualifier for the NAIA cross country meet, Bryan is a three-time all-conference selection in track and a two-time all-conference team member in cross country.

Coy is a junior biology major with a 3.96 G.P.A., hailing from Hill City, S.D. He was selected as Dakota State's Most Outstanding Male Athlete of the Year. Coy won the 1,000 run at the 2012 NAIA Indoor Track & Field National Championship Meet, becoming the first runner to capture a national title in an individual event in program history. He is a five-time NAIA All-American and six-time all-conference selection in track and cross country.

A senior business major from Kalispell, Mont. with a 3.75 G.P.A., Fischer placed third at the 2012 Cascade Collegiate Conference meet in the javelin and second at the NAIA Outdoor Track & Field National Championship Meet with a career-best thrown of 212 feet and 10 inches – 10 feet better than his previous personal best. A three-time all-conference scholar-athlete as well as a NAIA Scholar-Athlete, Fischer was a two-sport athlete and also made the 2012 Capital One Academic All-America® College Division Men's Soccer second team.

A junior interdisciplinary studies major from Yellow Springs, Ohio, GunderKline has a 3.71 G.P.A. He is a three-time NAIA All-American, twice in the 5K race walk and once in the 3K race walk. GunderKline is a six-time NAIA national qualifier and has broken his own 3K and 5K race walk school records a total of 10 times. He helped Goshen to a second-place finish in the conference cross country meet in 2011 with a career-best time of 26:22.6

Morningside Duo Leads Capital One Academic All-America® Cross Country Track Teams

Harper is a senior exercise and health science major from Pikeville, Tenn., and carries a 3.90 G.P.A. He received the 2012 Bryan College "Lion of Valor" Award as the top male student-athlete. Harper is a two-time NAIA All-American in cross country as well as a three-time NAIA All-American in indoor track. He is a five-time Appalachian Athletic Conference champion and a three-time NAIA Scholar-Athlete.

An engineering physics and mathematics major with a 4.00 G.P.A., Harris is junior from Holstein, Iowa. He is a two-time NAIA All-American as a member of Morningside's indoor 3,200 relay team in 2011 and 2012. Harris was part of the 2012 Great Plains Athletic Conference indoor champion 1600-meter relay team, is a member of the school-record holding relay teams in the indoor 1,600, 3,200 and distance medley relay teams and the outdoor 3200-meter relay team.

A junior exercise and sports science major with a 3.79 G.P.A., Johnson was a two-time NAIA All-American in 2012, earning the accolades in weight throwing at the national indoor meet and placing sixth in the hammer at the national outdoor meet. Johnson was a three-time conference meet champion, twice in the hammer and once in the discus, for Concordia.

A senior exercise and sport science major from Tualatin, Ore., Whalen has a 3.37 G.P.A. The NAIA outdoor national champion in the shot put, Whalen finished his career as an eight-time NAIA All-American. He won the national championship in the shot put in 2012 as he was the only thrower to crack 60 feet. Whalen helped Concordia to four consecutive conference meet championships.

A senior exercise and sports science major with a 3.47 G.P.A. Wyland is a member of four conference championship teams at Concordia. The Umatilla, Ore., native is a two-time NAIA All-American as he finished as the national runner-up in the javelin in 2011 and placed seventh in 2012. He helped Concordia to a fourth-place finish at nationals, the highest team finish in school history.

Marvin, a senior from Crete, Neb., has a 3.96 G.P.A. as a mathematics and physics double major. A NAIA All-American in the javelin, Marvin is only the fifth javelin throw in Doane history to go over 200 feet. A four-time Great Plains Athletic Conference Scholar-Athlete, he earned NAIA Scholar-Athlete honors twice. All-GPAC in track & field in 2010, 2011 and 2012, Marvin captured the 2012 conference championship in the javelin.

The 15 members of the Capital One College Division Academic All-America® men's cross country/track and field first team have an average G.P.A. of 3.88.

Capital One Academic All-America® Women's Cross Country/Track and Field First Team

Joining Mathes on the Capital One Academic All-America® College Division women's cross country and track and field first team are **Kesha Beethe** of Peru State College, **Katie Carr** of Bethel (Ind.) College, **Gabriella Dixon** and **Linsie Michels** of Concordia (Ore.), **Breanna Goring** of Embry-Riddle (Fla.) University, **Hannah Helker** and **Evan Shimanek** of Oklahoma Baptist University, **Erin Helmuth** of Goshen, **Stephanie Hescok** of Northwest Christian University, **Hillary Holt** of College of Idaho, **Sarah Kortze** of Concordia (Neb.) University, **Jillian Ourada** of Doane, **Katie Thurbon** of Baker University, and **Briana Vander Woude** of Dordt College.

Eight of the 15 members on the first team are repeat selections from the 2012 team. Dixon, Helmuth, Hescok and Mathes were named to the first team a year ago, while Beethe, Goring, Shimanek and Vander Woude were on the second team.

Morningside Duo Leads Capital One Academic All-America® Cross Country Track Teams

Beethe is a senior sport management and exercise science major with a 3.89 G.P.A. The Tecumseh, Neb., was named as a Heart of America Athletic Conference Scholar-Athlete in cross country. Beethe was named a Newman Civic Fellow and was Phil Beta Lambda national winner in two events.

A junior cell and molecular biology major with a 3.70 G.P.A., Carr has been the three-time Crossroads League champion in the pole vault. The Carmel, Ind., native holds the college record at Bethel in the pole vault and finished as the runner-up at the NAIA outdoor meet in 2013. She has been named an All-American by the NAIA or the NCCAA six times in her career.

Dixson is a senior psychology major with a 3.49 G.P.A. The Battle Ground, Wash., native has been named to the NAIA All-America team 14 times during her career at Concordia (Ore.). She won the shot put and the discus titles at this year's NAIA Championship, her third and fourth national titles. Dixon has qualified for the USA Outdoor Track and Field Championships in the discus throw.

A senior human factors psychology/systems major with a 3.67 G.P.A., Goring is a two-time NAIA All-American. The Ocala, Fla., native was a member of the fastest indoor 1,600 relay and outdoor 400 relay teams in Embry-Riddle history. The three-time all-academic conference performer qualified for the NAIA National Championship in the 100 hurdles. Goring was named to the All-The Sun Conference team 13 times in her career.

Helker is a sophomore with a 3.93 G.P.A. and hasn't declared a major. The Edmond, Okla., native earned NAIA All-America honors in cross country during in 2012. She was the NAIA national champion in the 800 in 2013 and was a member of the 3,200 relay that earned All-America notice. She helped Oklahoma Baptist win the indoor national title and finish runner up at the outdoor meet.

A senior secondary education and math major with a 3.98 G.P.A., Helmuth has been a five-time NAIA qualifier during her career for both the indoor and outdoor race walk competition. The Elkhart, Ind., is a three-time NAIA All-American in race walk. Helmuth also runs cross country for Goshen.

Hescock is a graduate student pursuing a master's degree in business administration with a 3.90 G.P.A. The Drain, Ore., native was named as the Cascade Conference's 2013 Scholar of the Year. Hescock won her third CCC Championship in the 10,000 this season and finished runner-up in the event at the NAIA National Championship to earn the third NAIA All-America honor of her career.

Holt is a junior political economy major with a 3.54 G.P.A. Holt was named the Cascade Women's Athlete of the Year as well as the league's Women's Track Athlete of the Year in 2013. The 11-time NAIA All-American qualified for the finals in the 1,500 at the USA Outdoor Track and Field Championships last week. Holt won NAIA national titles in cross country (2012), outdoor 1,500 (2012 and 2013), and the indoor mile and 3,000 (2013) events.

A senior biology and physical science major with a 3.94 G.P.A., Kortze was named as the 2013 State College Female Athlete of the Year in the state of Nebraska by the *Lincoln Journal Star*. The Rockford, Ill., native is a two-time cross country NAIA All-American who added another All-America honor with her fifth-place finish in the 10,000 meter run at the 2013 Outdoor Championship. She was named as Runner of the Year after winning the 2012 Great Plains Athletic Conference Cross Country Championship.

Michels is pursuing her master's degree in business administration with a 3.70 G.P.A. The Salem, Ore., native earned her fifth and sixth NAIA All-America honors this year as she finished in third place in the 1,500 and a fifth-place time in the 800.

Morningside Duo Leads Capital One Academic All-America® Cross Country Track Teams

A senior biochemistry major with a 3.73 G.P.A., Ourada was named Doane's Female Athlete of the Year for the second time in 2013. After missing the 2012 season due to an injury, the Omaha, Neb., native was the national runner-up in the pentathlon at the 2013 NAIA indoor meet and earned NAIA All-America honors in that event at the outdoor meet. Ourada was named to the All-GPAC team 20 times in her career.

Shimanek is a senior pre-physical therapy major with a 3.97 G.P.A. The Hennessey, Okla., native was an NAIA All-American in four events, the indoor and outdoor pole vault; and outdoor 400 and 1,600 relays. She helped the Bison win the NAIA indoor national meet and finish as runner up at the NAIA outdoor championship.

A junior international studies major with a 3.94 G.P.A., Thurbon earned her second NAIA All-American honor in 2013 when she finished as national runner-up for a second consecutive season in the pole vault with a mark of 3.55 meters. The Topeka, Kan., native captured her second consecutive Heart of America Athletic Conference title this spring in the pole vault.

Vander Woude is a senior elementary education major with a 3.57 G.P.A. The Clara City, Minn., native was the NAIA national champion this season in both the indoor (3,751 points) and outdoor (5,098) pentathlon events. She also placed fourth at the outdoor meet in the high jump.

The 15 members of the Capital One Academic All-America® College Division women's first team have an average G.P.A. of 3.80.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director. Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 19,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

FOR MORE INFORMATION:

Dan O'Connell, Towson University (doconnell@towson.edu) (410) 704-3102

Academic All-America® Vice-Chair for Publicity/Communications

Jay Stancil, Union College (Ky.) (jstancil@unionky.edu) (606) 546-1292

Academic All-America® Coordinator of Publicity

Michael MacEachern, Young Harris College (mfmaceachern@yhc.edu) (706) 379-5106

Academic All-America® Coordinator of Publicity



2013 Capital One Academic All-America® College Division Men's Track and Field/ Cross Country Team

Academic All-America of the Year: Monte Larsen, Morningside

		FIRST TEAM		
Name	School	Yr.	Hometown	G.P.A. Major
Cordell Baker (2)	Oklahoma Baptist	Sr.	Sapulpa, Okla.	3.95 Biology
Austin Basterrechea (3)	College of Idaho	Jr.	Gooding, Idaho	3.77 Biology
Andy Coy (1)	Dakota State	Sr.	Hill City, S.D.	3.97 Biology
John Darmody	Saint Ambrose	Gr.	Everett, Wash.	3.86 Master's of Organizational Leadership
Luke Fischer (1)	Northwest (Wash.)	Gr.	Kalispell, Mont.	3.75 Business Administration
John Harris (1)	Morningside	Sr.	Holstein, Iowa	4.00 Engineering Physics, Mathematics
Brad Higgins (2)	Doane	Sr.	Norfolk, Neb.	3.67 Math, Physics
Benjamin Hinckfoot	Concordia (Neb.)	Jr.	Colorado Springs, Col.	3.91 Secondary Educ./ History & ESL
Bo Johnson (1)	Concordia (Ore.)	Sr.	Toledo, Ore.	3.82 Exercise & Sports Science
Luke Keogh	St. Gregory's	Sr.	Dublin, Ireland	3.97 Criminal Justice
Vincent Krejci (2)	Doane	Sr.	Crete, Neb.	3.70 Biochemistry
Monte Larsen \$ (1) #	Morningside	Gr.	Neola, Iowa	4.00 Master of Arts in Teaching
Kyle Marshall	Arizona Christian	Jr.	Phoenix, Ariz.	4.00 Secondary Educ., Social Studies
Andy Reidsma	Trinity Christian	Jr.	Wyoming, Mich.	3.90 Business Management & Marketing
Phil Rizzo	St. Francis (Ill.)	Sr.	Evergreen Park, Ill.	3.88 History, Political Science

		SECOND TEAM		
Name	School	Yr.	Hometown	G.P.A. Major
Frank Adelman	Southwestern (Kan.)	Sr.	Yukon, Okla.	3.41 Psychology, Biology
Michael Bellamy	Northwest Christian	Sr.	Eugene, Ore.	4.00 Exercise Science
Mike Blaszczyk	St. Francis (Ill.)	Jr.	Novi, Mich.	3.71 Marketing
Tim Boes	Madonna	Sr.	Westland, Mich.	3.83 Social Work
Mitchell Brickson	Goshen	So.	Enon, Ohio	3.94 Physics
Aaron Caldwell	Baker	Sr.	Overland Park, Kan.	3.74 Exercise Science
Conner Carpenter	Wayland Baptist	So.	Farwell, Texas	3.96 Religion
Doug Dawson	Siena Heights	Sr.	Roseville, Mich.	3.70 Criminal Justice
Conner Drendel	Southwestern (Kan.)	Sr.	Haviland, Kan.	3.98 Elementary Education
Garret Ehlers	Morningside	Jr.	Ida Grove, Iowa	3.61 Religious Studies
Matt Huseman (2)	Northwestern (Iowa)	Jr.	Sac City, Iowa	3.41 Elementary Education
Tyler Norby	Saint Ambrose	Gr.	Dubuque, Iowa	3.94 Master's of Accounting
Casey Orndorff	West Virginia U. Inst. Tech.	Sr.	High View, W.Va.	4.00 Mathematics
Matt Pieri (2)	Xavier (La.)	Sr.	New Orleans, La.	3.62 Pharmacy
Brooks Swigart	Arizona Christian	Sr.	Phoenix, Ariz.	3.82 Elementary Education, English

		THIRD TEAM		
Name	School	Yr.	Hometown	GPA Major
Danny Bahret	St. Francis (Ill.)	So.	Channahon, Ill.	3.91 Mathematics, Secondary Education
Aaron Belcher	Indiana Tech	Jr.	Mooreville, Ind.	3.86 Accounting
Francisco Escobar	Monroe	So.	Cali, Colombia	3.85 Business Management
James Fisher	Oliver Nazarene	Jr.	Wales, Mich.	3.94 Geological Engineering
Alec Hernandez	Embry-Riddle (Fla.)	So.	North Canton, Ohio	3.78 Aerospace Engineering
Zachary Kraus (2)	Embry-Riddle (Fla.)	Jr.	New Milford, Conn.	3.81 Aerospace Engineering
Colton McNinch	Southwestern (Kan.)	Jr.	Utica, Kan.	4.00 Chemistry, Biology
Javon Mead (3)	Xavier (La.)	Jr.	Baton Rouge, La.	3.69 Accounting
Isaias Miranda	Lubbock Christian	Sr.	Clovis, N.M.	3.49 Youth and Family Ministry
Colin Morrissey	Concordia (Neb.)	Sr.	Omaha, Neb.	3.82 Secondary Education
Trent Roemmich	Jamestown	Jr.	Linton, N.D.	3.65 Math (Education)
Peter Stacy (3)	Biola	Sr.	Issaquah, Wash.	3.70 Biochemistry
Zach Wittenberg	Northwestern (Iowa)	Jr.	Pella, Iowa	3.73 Biology / Health Professions
Zane Zeigler	Embry-Riddle (Fla.)	So.	Pittsburgh, Pa.	4.00 Aerospace Engineering
Nick Zink	William Woods	So.	Iberia, Mo.	3.90 Biology Education

- (1) 2012 Capital One Academic All-America® College Division 1st team
 (2) 2012 Capital One Academic All-America® College Division 2nd team
 (3) 2012 Capital One Academic All-America® College Division 3rd team
 (#) 2011 Capital One Academic All-America® College Division 3rd team
 \$ 2012 Capital One College Division Academic All-America® of the Year





2013 Academic All-America® College Division Women's Track and Field/ Cross Country Team

Academic All-America of the Year: Breanna Mathes, Morningside

Name	School	Yr.	Hometown	G.P.A.	Major
Kesha Beethe (2)	Peru State	Sr.	Tecumseh, Neb.	3.89	Sport Management, Exercise Sci.
Kate Carr	Bethel (Ind.)	Jr.	Carmel, Ind.	3.70	Cell & Molecular Biology
Gabriella Dixon (1)	Concordia (Ore.)	Sr.	Battle Ground, Wash.	3.49	Psychology
Breanna Goring (2)	Embry-Riddle (Fla.)	Sr.	Ocala, Fla.	3.67	Human Factors Psychology, Systems
Hannah Helker	Oklahoma Baptist	So.	Edmond, Okla.	3.93	Undecided
Erin Helmuth (1)	Goshen	Sr.	Elkhart, Ind.	3.98	Secondary Education, Mathematics
Stephanie Hescok (1)	Northwest Christian	Gr.	Drain, Ore.	3.90	Master of Business Administration
Hillary Holt	College of Idaho	Jr.	Meridian, Idaho	3.54	Political Economy
Sarah Kortze	Concordia (Neb.)	Sr.	Rockford, Ill.	3.94	Biology, Physical Science
Breanna Mathes (1)	Morningside	Sr.	Cherokee, Iowa	3.99	Mathematics Teaching
Linsie Michels	Concordia (Ore.)	Gr.	Salem, Ore.	3.70	MBA
Jillian Ourada	Doane	Sr.	Omaha, Neb.	3.73	Biochemistry
Evan Shimanek (2)	Okalhoma Baptist	Sr.	Hennessey, Okla.	3.97	Pre-Physical Therapy
Katie Thurbon	Baker	Jr.	Topeka, Kan.	3.94	International Studies
Briana Vander Woude (2)	Dordt	Sr.	Clara City, Minn.	3.57	Elementary Education

SECOND TEAM

Name	School	Yr.	Hometown	G.P.A.	Major
Katie Bonnema	Dordt	Jr.	Ireton, Iowa	3.38	Elementary Education
Erin DeVries	Doane	So.	Chambers, Neb.	3.91	General Studies
Stephanie Erlandson	Jamestown	Sr.	Breckenridge, Minn.	4.00	Exercise Science
Catherine Fakler	Xavier (La.)	So.	Phoenix, Ariz.	4.00	English / English education
Chantalle Falconer	Oliver Nazarene	Jr.	Byron, Ill.	4.00	Music Education
Aspen Frey	McPherson	Jr.	Newton, Kan.	4.00	Elementary Education
Danielle Kendall	Calgary	Sr.	Calgary, Alberta	3.77	Chemical Engineering
Kelly Klusmeyer	Central Methodist	Jr.	Boonville, Mo.	4.00	Biology
Natalie McIntyre	Arizona Christian	Jr.	Casa Grande, Ariz.	4.00	Music (praise & worship emphasis)
Trisha Nelson	Bethel (Ind.)	Sr.	Maquoketa, Iowa	3.81	Intercultural Studies
Danielle Prchal	Peru State	Sr.	Omaha, Neb.	3.87	Social Science Teaching
Devinn Rolland	Xavier (La.)	So.	Harvey, La.	4.00	Chemistry / Pre-Pharmacy
Beth Segerholm	Jamestown	Sr.	Northwood, N.D.	4.00	Nursing
Ellie Staker (3)	Embry-Riddle (Fla.)	Jr.	Seattle, Wash.	3.72	Engineering Physics
Megan Williams	Vanguard	Sr.	Fort Worth, Texas	3.57	Liberal studies

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major
Abbi Brock	Lubbock Christian	Jr.	Lamesa, Texas	4.00	Pre-veterinary Medicine
Karina Coelho (3)	Embry-Riddle (Fla.)	Sr.	Chesapeake Bch, Md.	3.51	Meteorology Research
Hilary Halford	St. Francis (Ill.)	Jr.	Antioch, Ill.	3.48	Nursing
Cheryl Held	William Woods	Sr.	Wildwood, Mo.	3.60	Exercise Science / sports mgmt..
Chelsea Janzen	Biola	Jr.	Clovis, Calif.	3.97	Studio Arts
Rachel Jerrils	Davenport	Jr.	Rockford, Mich.	3.69	Nursing
Bethany Jones	Southeastern	Sr.	Pittsburgh, Pa.	4.00	Accounting
Allison McFayden	Grand View	Sr.	Omaha, Neb.	4.00	Graphic design
Sydnee Nelson	Southwestern (Kan.)	Sr.	Clay Center, Kan.	3.78	Biology / biochemistry
Kayla Roemmich	Jamestown	Sr.	Bottineau, ND	3.45	Elementary education
Sharon Ronoh	Lindsey Wilson	Sr.	Timboroa, Kenya	3.38	Nursing
Alexandra Sciarra	Biola	Jr.	Orange, Calif.	3.61	Kinesiology
Rachel Stump (3)	Biola	Sr.	Los Gatos, Calif.	3.88	Business administration
Ali Swart	Taylor	Sr.	Oostburg, WI	3.96	Health & physical education
Jessica Zink	William Woods	Jr.	Iberia, Mo.	3.90	Elementary Education

(1) 2012 Capital One Academic All-America® College Division 1st team

(2) 2012 Capital One Academic All-America® College Division 2nd team

(3) 2012 Capital One Academic All-America® College Division 3rd team

